

Howard University
2400 Sixth Street, NW, Washington, DC 20059
Phone: 202-806-6100

1. Academic Support Services
 - a. Writing Lab
 - i. Site: <http://www.cetla.howard.edu/wac/>
 - ii. Dr. Teresa M. Redd
CETLA (Suite 244 in the iLab)
202-806-0870
cetla@howard.edu
 - b. Center for Academic Reinforcement
http://www.howard.edu/schooleducation/Programs/CAR/CAR_Overview.html
 - i. Ms. Vernelle Malone
Administrative Assistant
ASB 109
202.806.7634
vmalone@howard.edu
 - c. Online tutoring sources
 - i. Etutoring.org
2. Child Care
 - a. Reputable day cares
 - i. <http://daycareindc.org/>
 - ii. Washington Child Development Council
1400 Sixteenth St, NW Suite 715
Washington DC 20036
202-387-0002
Email one of the referral counselors: Tanya Woodson
twoodson@wcdc.net; Janet Wood jwood@wcdc.net www.daycareindc.org
3. Clothing (different offices may have clothing at different times. Call before you go!)
 - a. Salvation Army Direct Social Services – Clothing offered on Tuesdays and Thursdays by referral. Need a picture ID. (Call 211 or talk to your YDS for a referral)
1434 Harvard Street NW
Washington, DC 20009
(202) 332-5000
 - b. Miriam’s Kitchen (also offers clothing)
2401 Virginia Avenue NW
Washington, DC 20037.
Tel: (202) 452-8926
info@miriamskitchen.org
 - c. Harbor Light Corps
2100 New York Avenue NE
Washington, DC 20002
(202) 269-6333
 - d. Sherman Avenue Corps
3335 Sherman Avenue, NW
Washington, DC 20010
(202) 829-0100
 - e. Solomon G. Brown Corps Community Center
2300 Martin Luther King Jr. Avenue, SE

Washington, DC 20020
(202) 678-9770

- c. Call United Way Hotline 2-1-1

4. Employment

- a. Campus job sources
 - i. Vacancies from off-campus employers are posted on the bulletin board across from the Financial Aid Office, Room 205 in the Administration Building.
 - ii. Explanation of Student Employment:
<http://www.howard.edu/financialaid/workprograms.htm>
 - iii. **The Office of Financial Aid, Scholarships and Student Employment** is located in the Johnson Administration building (Main Campus), Room 205.
 - iv. **Precious Smith**, Assistant Director
Phone: 202-806-2820 E-mail: precious.smith@howard.edu
- b. Online job sources
 - i. dcjobs.com
 - ii. washingtonpost.com
 - iii. dcjobsources.com
 - iv. Careerbuilder.com

5. Financial Aid

- a. Financial Aid at <http://www.howard.edu/financialaid/basics.htm> and <http://www.howard.edu/financialaid/>
 - i. **The Office of Financial Aid, Scholarships and Student Employment** is located in the Johnson Administration building (Main Campus), Room 205.
 - ii. **Precious Smith**, Assistant Director
Phone: 202-806-2820 E-mail: precious.smith@howard.edu
- b. FAFSA
 - i. <http://www.fafsa.ed.gov/>
 - ii. For assistance with problems or difficulties while using FAFSA on the Web, or for specific questions about the FAFSA, **call the Federal Student Aid Information Center at 1-800-4-FED-AID (1-800-433-3243) or 1-319-337-5665**. If you are hearing-impaired and have questions, contact the TTY line at 1-800-730-8913.
 - iii. You can also contact us live, online, by selecting the **Live Help** button conveniently located within the pages of the application.
 - iv. Need help filling out your FAFSA? Your YDS can help!
- c. Scholarships
 - i. Scholarships.com
 - ii. Fastweb.com
 - iii. Studentscholarshipsearch.com
 - iv. Strategies to help get a scholarship.
 - 1. <http://www.scholarships.com/financial-aid/college-scholarships/scholarship-application-strategies/scholarship-application-strategies.aspx> * Note: There will be ads for colleges and online schools. Just click “No Thank You” and continue. You do not have to fill these portions out.

6. Food

- a. Campus Food Programs
 - i. <http://howardddining.com/>
 - ii. Meal Plan Coordinator: Blackburn Building, Room #135 during the first week of school.
 - iii. 202.806.7400
- b. Washington DC Department of Social Services – Food Assistance
 - i. Website explaining program:
<http://dhs.dc.gov/dhs/cwp/view,a,3,q,641238.asp>
 - ii. Application: (Cash assistance for disabled and parents only)
http://dhs.dc.gov/dhs/frames.asp?doc=/dhs/lib/dhs/pdfs/ima/combinedform_eng1.pdf
 - iii. Phone number for 1207 Taylor St NW Department of Social Services Office: 202-576-8000
- c. Food Pantries and Programs

*Note: These programs may vary in their eligibility and availability. Always call the office before going to ensure that your specific situation can be served by them. If you are unable to find assistance always call 2-1-1, the United Way's free number, to be connected to a specialist that can help you find what you need.

 - i. **Capital Area Food Bank**
645 Taylor St
Washington DC 20017
(202) 526-5344
 - ii. **D.C. Hunger Solutions**
1875 Connecticut Ave, NW
Suite 540
Washington, DC 20009
(202) 986-2200
info@dchunger.org
 - iii. **Miriam's Kitchen**
2401 Virginia Avenue NW
Washington, DC 20037.
Tel: (202) 452-8926
info@miriamskitchen.org
 - iv. **Bread for the city**
1525 Seventh St NW
Washington DC 20001
202-561-8587
info@breadforthecity.org
2nd Location
1640 Good Hope Rd SE
Washington DC 20020
202-561-8587
- d. Farmers Markets
 - i. <http://apps.ams.usda.gov/FarmersMarkets/Default.aspx>
 - ii. Search different payment methods, locations and times.
- e. WIC
 - i. Nutritional support to pregnant/breastfeeding women and children
 - ii. http://www.ct.gov/dph/cwp/view.asp?a=3137&q=395460&dphNav_GID=1862&dphPNavCtr=
 - iii. 202-865-4942

7. Health Care

a. Campus Health Center

- i. Basic website: <http://www.howard.edu/studenthealth/>
- ii. Guide to Student Health Handbook
<http://www.howard.edu/studenthealth/Howard%20Brochure%200809%20immune%20titers%20final%5B1%5D.pdf>
- iii. Emergency “My Nurse” Line: 866-509-7715
- iv. Primary Care Line: 202-806-7540
- v. Pharmacy Desk: 877-439-7344

*Note: Please review the Student Health Handbook carefully with your YDS/youth. It has detailed information regarding the regulations on student health care and medications.

a. Medicaid Home Page

<http://dhcf.dc.gov/dhcf/cwp/view,A,1412,Q,609122,dhcfNav,%7C34820%7C.asp>

- i. For assistant contact the Taylor St office at
1207 Taylor St NW (202) 576-8000

a. DC Health Care Alliance

The DC Healthcare Alliance offers a full range of health care services for its members. Benefits include: inpatient hospital care, outpatient medical care (including preventive care), emergency services, urgent care services, prescription drugs, rehabilitative services, home health care, dental services, specialty care, and wellness programs.

<http://dhcf.dc.gov/dhcf/cwp/view,A,1412,Q,609143,dhcfNav,%7C34820%7C.asp>

- vi. To find an enrollment location near you contact
The Alliance Enrollment Office
1820 Jefferson Place, NW
Washington, DC 20036
(202) 639-4030

b. Medical professionals that accept Medicaid can be found at this website

http://www.chartered-health.com/index.php?option=com_frontpage&Itemid=1

- i. Use the “Quick Links” section in the lower part of the right column.
- ii. Select “Find a Physician”, “Find a Pharmacy” or “Find a Drug or Medicine”
- iii. Follow the prompts to continue to the search engine, fill out the search with your information and select a doctor/pharmacy/medicine from the list given.
- iv. **DC Chartered Health Plan, Inc.**
1025 15th Street, N.W.
Washington, D.C. 20005
Telephone: 202-408-4720
Toll free: 1-800-408-7511

c. National Institute of Mental Health

- i. Helps you locate services in your area and provides support
<http://www.nimh.nih.gov/health/topics/getting-help-locate-services/index.shtml>
- ii. The Information HelpLine is an information and referral service which can be reached by calling **1 (800) 950-NAMI (6264)**, Monday through Friday, 10 am- 6 pm, Eastern time.

d. Crisis Hotlines

- i. Free hotlines for emergency situations. **If your emergency is life threatening please call 911**
http://www.allaboutcounseling.com/crisis_hotlines.htm
- ii. **Boys Town Suicide and Crisis Line: 800-448-3000 or 800-448-1833**
Provides short-term crisis intervention and counseling and referrals to local community resources. Counsels on parent-child conflicts, marital

and family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues. Operates 24 hours, seven days a week. (Not just for boys)

- iii. **National Domestic Violence/Child Abuse/ Sexual Abuse: 800-799-SAFE /800-799-7233/800-787-3224 TDD**
800-942-6908 Spanish Speaking

- 1. **Several other phone numbers in the online list for eating disorders, drug use, STDs, sexual assault, rape and other issues. Confidential and free of charge.**

- e. Planned Parenthood

- i. Sexual health for men and women, birth control, pregnancy care.
 - 1. 1108 16th Street NW
Washington, DC 20036 P: 202.347.8512
 - 2. <http://www.plannedparenthood.org/> for a list of all PP offices in the DC area
 - 3. **Plan B (Morning After) Birth Control assistance provided.**

- f. Free Clinics

- i. *Note: Not all clinics provide the same services. Please call before you go.
- ii. Hoya Clinic
 - 1. 1900 Massachusettes Ave SE
Washington DC 20003
202-468-4816
info@hoyaclinic.org
- iii. Bread for the city (Also provides some food. See “Food” category for information)
 - 1. 1525 Seventh St NW
Washington DC 20001
202-561-8587
info@breadforthecity.org
- iv. La Clinica Del Pueblo Inc
 - 1. 2831 15th St NW
Washington DC 20009
202-469-4788
lcdp.org

8. Housing

- a. Dorms/Resident Halls

- i. <http://www.howard.edu/residencelife/Prospective/>
- ii. Marc D. Lee
Interim Dean of Residence Life
Voice (202) 806-6131
Fax (202) 806-4431

- b. Off Campus Housing

- i. <http://www.howard.edu/residencelife/OffCampus/Default.htm>
- ii. Phone (202) 806-6131
Fax (202) 806-4431
residencelife@howard.edu

- c. Department of Housing and Community Development General Website:
<http://www.dhcd.dc.gov/dhcd/site/default.asp>

- i. General Information:
Department of Housing and Community Development
1800 Martin Luther King, Jr. Avenue, SE
Washington, DC 20020 (202) 442-7200

ii. DC Housing Search <http://www.dchousingsearch.org/>

- iii. DC Rental Assistance Program
http://portal.hud.gov/portal/page/portal/HUD/topics/rental_assistance
or call 800-569-4287 for advice.
- d. Roommate Finders/Boards
 - i. www.roommates.com
 - ii. www.roomster.com
 - iii. <http://connecticut.metroroommates.com/>
 - iv. www.Roomates4you.com
- e. Energy Assistance
 - i. http://ddoe.dc.gov/ddoe/cwp/view,a,1209,q,492145,ddoeNav_GID,1478,ddoeNav,%7C31424%7C.asp
District Department of the Environment
Energy Office
Frank D. Reeves Municipal Center
2000 14th Street, NW, 300 East
Washington, DC 20009
Phone: (202) 673-6700

9. Social Support

- a. Student organizations
 - i. Student organizations can provide outlets for social networking and support, connecting with students that have similar life experiences, interests and majors, getting help with an academic issue (such as asking a member of a math club to tutor you) and connections to community and campus events including dances, parties and concerts. Being an active member of a student organization also opens up employment, scholarship and further academic opportunities. Take advantage of this awesome resource!
 - ii. <http://www.howard.edu/currentstudents/studentlifeactivities/StudentActivities/ActiveStudentOrganizationsandClubs.htm>
 - iii. Mrs. Lennon Jackson – Director of Office of Student Activities
122 Blackburn University Center
Washington, DC 20059
(202) 806-5990
lenjackson@howard.edu

10. Transportation

- a. Campus Shuttle Services
 - i. <http://www.howard.edu/parking/BusRoutesandMaps.htm>
 - ii. Parking & Shuttle Operations parking@howard.edu
- b. Public transit <http://www.wmata.com/>

Don't see what you need or aren't sure? Call 2-1-1 the United Way Hotline and be connected to a specialist who will listen to your concern and help you find the right answer. The call is free and confidential.