

**Manchester Community College**

**Great Path  
P.O. Box 1046  
Manchester, CT  
06045-1046  
860-512-3000**

1. Academic Support Services
  - a. Center for Student Development (counseling, advising, etc)  
<http://www.mcc.commnet.edu/students/resources/csd/>  
**Mail:**  
Great Path, MS #8  
Manchester, CT 06045  
**Phone:**  
860-512-3303
  - b. MCC Tutoring centers (includes math, writing and online)
    - i. <http://www.mcc.commnet.edu/academic/asc/>
    - ii. **Academic Support Center**  
Manchester Community College  
Great Path, MS #9  
Manchester, CT 06045-1046  
Phone Number: 860-512-2610
  - c. Online tutoring sources
    - i. Etutoring.org
2. Child Care
  - a. Reputable day cares/Help paying
    - i. <http://www.ctcare4kids.com/>
    - ii. Care 4 Kids  
1344 Silas Deane Highway  
Rocky Hill, CT 06067
    - iii. For more information, call, 1-888-214-KIDS (5437)
3. Clothing
  - a. 661 Main St, Manchester - (860) 649-7787
  - b. Church Mouse Thrift Shop (860) 647-8003 (See flyers on next page)
4. Employment
  - a. Carl Ochnio  
Director, Counseling & Career Services  
Phone: 860-512-3372  
Fax: 860-512-3371  
[cochnio@mcc.commnet.edu](mailto:cochnio@mcc.commnet.edu)  
Lowe Building, 1st Floor, L-120
    - i. Campus Job Fairs  
<http://www.mcc.commnet.edu/students/career/events.php>
    - ii. Campus Job Website  
<http://www.mcc.commnet.edu/students/career/students.php>
  - b. Connecticut Works Website  
<http://www.ctdol.state.ct.us/>
  - c. Online job sources
    - i. Ctjobs.com
    - ii. Jobsinct.com
    - iii. Careerbuilder.com
    - iv. Indeed.com

## 5. Financial Aid

- a. Financial Aid at Manchester Community College (Includes scholarship information) <http://www.mcc.comnet.edu/students/financial/FAFSA>
  - i. **Location:** Lowe Building, Rooms L-131 and L-127  
**Director:** Ivette Rivera-Dreyer  
**Associate Directors:** Jody Bailey  
**Phone:** 860-512-3380  
**Hours:** Monday, Wednesday, Thursday, Friday, 8:30 a.m.-4:30 p.m.;  
Tuesday, 8:30 a.m.-7 p.m.
- b. FAFSA
  - i. <http://www.fafsa.ed.gov/>
  - ii. For assistance with problems or difficulties while using FAFSA on the Web, or for specific questions about the FAFSA, **call the Federal Student Aid Information Center at 1-800-4-FED-AID (1-800-433-3243) or 1-319-337-5665**. If you are hearing-impaired and have questions, contact the TTY line at 1-800-730-8913.
  - iii. You can also contact us live, online, by selecting the Live Help button conveniently located within the pages of the application.
- c. Need help filling out your FAFSA? Your YDS can help! Scholarships
  - i. Scholarships.com
  - ii. Fastweb.com
  - iii. Studentscholarshipsearch.com
  - iv. Strategies to help get a scholarship.
    1. <http://www.scholarships.com/financial-aid/college-scholarships/scholarship-application-strategies/scholarship-application-strategies.aspx> \* Note: There will be ads for colleges and online schools. Just click "No Thank You" and continue. You do not have to fill these portions out.

## 6. Food

- a. Food Stamps
  - i. Printable Brochure with Frequently Asked Questions, Eligibility Requirements and Tips (There is also a printed copy of this brochure on the next page):  
[http://www.ct.gov/dss/lib/dss/pdfs/brochures/food\\_stamps\\_96.3.pdf](http://www.ct.gov/dss/lib/dss/pdfs/brochures/food_stamps_96.3.pdf)
  - ii. State of CT Department of Social Services – Food Assistance
    1. Website with information on programs and requirements  
<http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305154>
    2. Contact information for programs  
Jana Engle, TEFAP Coordinator  
Connecticut Department of Social Services  
25 Sigourney Street, Hartford, CT 06106-5033  
Tel. (860) 424-5429, Fax (860) 424-4957  
email: [Jana.Engle@ct.gov](mailto:Jana.Engle@ct.gov)  
Nancy Carrington, Executive Director  
Connecticut Food Bank, Inc.,  
150 Bradley Street,  
P.O. Box 8686  
New Haven, CT 06531  
Tel. (203) 469-5000, Fax (203) 469-4871  
<http://www.ctfoodbank.org/>  
Ms. Gloria McAdam, Executive Director  
Foodshare, Inc.

450 Woodland Avenue  
Bloomfield, CT 06002-1342  
Tel: (860) 286-9999, Fax (860) 286-7860  
<http://www.foodshare.org/>

b. Food Pantries and Programs

\*Note: These programs may vary in their eligibility and availability. Always call the office before going to ensure that your specific situation can be served by them. If you are unable to find assistance always call 2-1-1, the United Way's free number, to be connected to a specialist that can help you find what you need.

i. Town of East Hartford

740 Main Street, East Hartford, CT 06108

PH: (860)291-7100

[info@ci.east-hartford.ct.us](mailto:info@ci.east-hartford.ct.us)

Hours: Mon., Tues., Wed.

Fri: 8:30AM - 4:30PM, Th: 8:30AM - 6PM

c. Foodshare

i. Mobile Foodshare is an outdoor food distribution for persons of low income. The food choices vary from week to week but usually include bread and several types of fresh produce. Other items may also be offered depending on availability.

ii. [http://fdshr.convio.net/site/PageServer?pagename=programs\\_MobileCalendar#Hartford](http://fdshr.convio.net/site/PageServer?pagename=programs_MobileCalendar#Hartford)

1. Click for your town (Manchester) and a list of various locations, dates and times.

d. Farmers Markets

i. <http://apps.ams.usda.gov/FarmersMarkets/Default.aspx>

1. Search different payment methods, locations and times.

e. WIC

i. Nutritional support to pregnant/breastfeeding women and children

ii. [http://www.ct.gov/dph/cwp/view.asp?a=3137&q=395460&dphNav\\_GID=1862&dphPNavCtr=](http://www.ct.gov/dph/cwp/view.asp?a=3137&q=395460&dphNav_GID=1862&dphPNavCtr=)

iii. (860) 509-8084

7. Health Care

a. Campus clinics

i. Manchester CC Health Services (860) 512-3680

<http://www.mcc.comnet.edu/students/life/health.php>

ii. [Susan Gibbens](#), Director of Public Safety and Environmental Health, at (860) 512-3682 [Cynthia Washburne](#), Director of Student Life, at (860) 512-3353

b. Department of Social Services: Caring for Connecticut (**Medicaid**)

Client Assistance Center

1-866-409-8430

(toll free in-state)

(860) 269-2031

(in Farmington, CT area)

1-866-604-3470

(alternate TTY/TDD line)

i. Pre-Existing Condition Plan

<http://www.ct.gov/dss/cwp/view.asp?Q=463668&A=2345>

ii. Husky Health – Age 19 and under

<http://www.huskyhealth.com/hh/site/default.asp>

iii. Low-income adults without children

[http://www.ct.gov/dss/lib/dss/pdfs/brochures/medicaid\\_lia\\_in\\_brief.pdf](http://www.ct.gov/dss/lib/dss/pdfs/brochures/medicaid_lia_in_brief.pdf)

- iv. For questions or concerns on any of these plans please refer to the contact information above.
- c. Medical professionals that accept Medicaid can be found at this website <https://www.ctdssmap.com/CTPortal/Home/tabId/36/Default.aspx>
  - i. Go to “Provider” in the left hand column and click “Provider search”
  - ii. Enter your local information and the kind of medical professional you need
  - iii. A list will come up of professionals in your area.
- d. National Institute of Mental Health
  - i. Helps you locate services in your area and provides support <http://www.nimh.nih.gov/health/topics/getting-help-locate-services/index.shtml>
  - ii. The Information HelpLine is an information and referral service which can be reached by calling **1 (800) 950-NAMI (6264)**, Monday through Friday, 10 am- 6 pm, Eastern time.
- e. Crisis Hotlines
  - i. Free hotlines for emergency situations. **If your emergency is life threatening please call 911**  
[http://www.allaboutcounseling.com/crisis\\_hotlines.htm](http://www.allaboutcounseling.com/crisis_hotlines.htm)
  - ii. **Boys Town Suicide and Crisis Line: 800-448-3000 or 800-448-1833**  
Provides short-term crisis intervention and counseling and referrals to local community resources. Counsels on parent-child conflicts, marital and family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues. Operates 24 hours, seven days a week. (Not just for boys)
  - iii. **National Domestic Violence/Child Abuse/ Sexual Abuse: 800-799-SAFE /800-799-7233/800-787-3224 TDD**  
800-942-6908 Spanish Speaking
  - iv. **Several other phone numbers in the online list for eating disorders, drug use, STDs, sexual assault, rape and other issues. Confidential and free of charge.**
- f. Planned Parenthood
  - i. Sexual health for men and women, birth control, pregnancy care.  
419 W Middle Turnpike  
Manchester, CT 06040  
(860) 643-1607
    - 1. <http://www.plannedparenthood.org/>
    - 2. **Plan B (Morning After) Birth Control assistance provided.**
- g. Free Clinics
  - i. East Hartford Community Health Center  
150 North Main St.  
Manchester, CT 06040  
Phone: 860-646-8117
  - ii. Website with a list of free clinics in CT:  
<http://havenfreeclinic.org/wp/index.php/patients/other-free-clinics/>

## 8. Housing

- a. Housing Authority
  - i. CT Housing Search – Affordable Housing <http://www.cthousingsearch.org/>
  - ii. The Hartford YWCA (860-525-1163) and YMCA (860-522-4183) will sometimes have rooms for rent, for short or long term, at discounted Housing Authority
  - iii. CT Housing Search – Affordable Housing <http://www.cthousingsearch.org/>
  - iv. Rental Assistance Program (families)  
<http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305206>

- v. Homeshare Program (single adults)  
<http://www.ct.gov/agingservices/cwp/view.asp?a=2513&q=313056>
  - vi. The best way to determine what kind of housing you may be eligible for and how to get it is to connect with someone personally. Call one of the numbers below and ask for a meeting or assistance in finding housing.
    - 1. Housing Services: 860-424-5578
    - 2. CT DSS (Department of Social Service) 800-842-1508 or TDD/TTY 800-842-4524
  - b. Roommate Finders/Boards
    - i. [www.roommates.com](http://www.roommates.com)
    - ii. [www.roomster.com](http://www.roomster.com)
    - iii. <http://connecticut.metroroommates.com/>
    - iv. [www.Roomates4you.com](http://www.Roomates4you.com)
  - c. Energy Assistance
    - i. Winter heating basic website:  
<http://www.ct.gov/dss/cwp/view.asp?a=2353&q=305194>
    - ii. To apply contact the office nearest to you.  
<http://www.ct.gov/dss/cwp/view.asp?a=2353&Q=420880&PM=1>
    - iii. Or by phone: Community Renewal Team, Inc. (Hartford area) (860) 560-5800 or 1-800-798-3805
9. Social Support
- a. Student activities
    - i. The Student Activities department administers the co-curricular program and offers a variety of services that may include leadership workshops, event planning assistance, monitoring the Student Activity Fee (SAF) fund, games and equipment rentals, student photo IDs, lockers, referrals and general information.
    - ii. <http://www.mcc.commnet.edu/students/activities/>
    - iii. **Location:** The Student Activities office is located in the Lowe Building, L154i. **Phone:** 860-512-3283
  - b. Student organizations
    - i. Student organizations can provide outlets for social networking and support, connecting with students that have similar life experiences, interests and majors, getting help with an academic issue (such as asking a member of a math club to tutor you) and connections to community and campus events including dances, parties and concerts. Being an active member of a student organization also opens up employment, scholarship and further academic opportunities. Take advantage of this awesome resource!
    - ii. <http://www.mcc.commnet.edu/students/activities/clubs.php>
    - iii. If you would like to start a new club or join an already existing one, stop by the Office of Student Activities in room L-154 or contact [T.J. Barber](#), Director of Student Activities, or [Mary Boileau](#) at 860-512-3283. You can also download a [Student Activities Interest Form](#) and bring it to our office in Lowe 154i.
  - c. Transitional programs
    - i. The mission of the Office of Transitional Programs (OTP) is to provide socially, economically, or academically under-prepared and disadvantaged people with opportunities to transition and be successful in the post-secondary environment.  
<http://www.mcc.commnet.edu/students/resources/csd/transitional.php>
    - ii. Call 860-512-3344 for further information or to schedule an appointment for a personal interview.

10. Transportation

- a. Campus assistance with  
<http://www.mcc.commnet.edu/students/life/transportation.php>
- b. **Location:** The 'B' and 'Z' buses from Hartford and Depot Square in Manchester serve the College. There is one stop on campus on Founders Drive South, in front of the Arts, Sciences and Technology Center.  
**Information:** Student and employee 31-day bus passes are available for purchase at the Bursar's Office. For information on rates and schedule, call CTTRANSIT at 860-525-9181 or visit them [online](#).

**Don't see what you need or aren't sure? Call 2-1-1 the United Way Hotline and be connected to a specialist who will listen to your concern and help you find the right answer. This call is confidential and free.**